

INEQUITY IN  
HEALTHCARE

**Your Pain is  
Real!**

African  
American pain  
and experiences  
are often  
dismissed

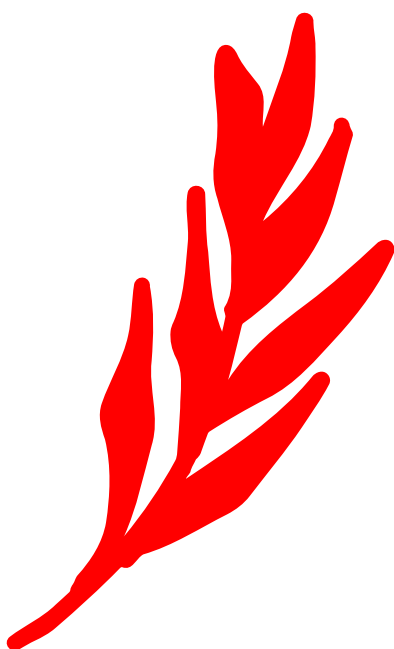
Have lower life  
expectancy  
than other  
racial & ethnic  
groups

Experience  
illness &  
infirmity at  
extremely high  
rates

African  
American  
women have the  
highest rate of  
infant mortality  
in the USA

YOU  
MATTER!

WE  
MATTER!



# *Purpose in Pain*

## **Patient Tips & Knowing your Patient Rights**

**01**

### **Decision Making**

You have the right to be a part of your healthcare planning and decision making process.

### **Selecting a Doctor**

1. Research.
2. Read reviews.
3. Select a doctor who listens and is not dismissive.

**02**

**03**

### **Preparing for your Visit**

1. Write down your questions.
2. Have your list of medications available.
3. Bring any relevant medical records.

### **Advocate**

Use your voice. Speak your needs and concerns clearly.

**04**

**05**

### **Not Satisfied with your Care?**

You have the right to change doctors at any time.

*check out our website at  
[www.purposeinpain.net](http://www.purposeinpain.net)*